

Women's Pregnancy Center of Matagorda County 3107 Avenue F., Bay City, TX 77414 www.baycitywpc.org Call to reserve your seat (979) 245-9900

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|
| 5 11 am & 5:30 pm Toddler Care: 24-36 Months T1.5 5:30-7 pm General Parenting: Essentials of Discipline, Part 4 | 6 REFERRAL: Matagorda Regional Medical Center & MEHOP Present "How to Live with Diabetes" Heritage Room-Wellness/Rehab Dome 1:30-3:30 pm (979)241-5566 Bring proof of attendance certificate to WPC for Baby Bucks! | 7 11 am Bringing Baby Home 5.2, 5.3, 5.4 5 pm-7 pm & 7-9 pm Your Changing Body | 8 WPC Annual Banquet 5 pm |
| 12 11 am & 5:30 pm Toddler Care: Life with Toddler T2.1 | 13 11 am Infant Care: Childhood Immunizations 5.5 <u>Special Presentation</u> : Colleen LaBar with TX Health & Human Services | 14 | 15 |
| 19 11 am & 5:30 pm Toddler Care: Attitude Adjustment: Tantrums-Part 1 T2.2 | 20 11 am Infant Care: Understanding Baby's Cry 3.2 & 3.5 | 21 | 22 |
| 26 11 am & 5:30 pm Toddler Care: Battle Plan: Tantrums-Part 2 T2.3 | 27 11 am Infant Care: Safe Sleep 3.4 <u>Special Presentation</u> : Colleen LaBar with TX Health & Human Services | 28 | |

Mentoring Moms Meeting will be held at Abundant Life Church on 2/11/19 at 6 pm: Fellowship Dinner & Faith Building lesson provided. RESERVE with WPC (979) 245-9900 to attend.

Toddler Care Courses are weekly, Tuesdays at 11 am & 5:30 pm (attend day or evening).
Infant Care Courses are offered weekly, Wednesdays at 11 am.
Essentials of Discipline - Parenting Older Children Care Courses.
Each course is 1-2 hrs. Enrollment is open to all parents & caregivers. Participation is rewarded with Baby Bucks redeemable for items purchased onsite. Baby Bucks can also be gifted to friends, churches or returned to WPC to be used at the discretion of WPC staff to help further the assistance offered to our community.

