

EARN WHILE YOU LEARN



What type of things can you learn?

Earn While You Learn has many great topics from which to choose. Give us a call or come in today and we can work together to make a plan that is best for you! Here are a few of the topic choices:

- The First Trimester
- Prenatal Care
- Eating for Two
- Going It Alone
- Your Developing Baby
- Smoking
- Ultrasounds
- What's Safe, What Isn't
- Bonding with Your Baby
- Your Changing Body
- The Second Trimester
- Understanding Your Baby's Cry
- Your Baby's Secret World
- Reducing the Risk of STDs
- The Third Trimester
- Getting Ready for Baby
- Eye Contact Means Love
- Infant Temperament
- The Importance of Bonding
- Infant Massage
- Newborn Care
- Bathing and Sleep
- Caring for Yourself
- The Parent-Child Relationship
- Safe from the Start
- Parenting with Respect
- Quality Child Care
- Talk, Play, Music, and Reading
- Emergency First Aid Accidents
- Emergency First Aid Illnesses
- Car Seat Safety
- Your Baby Can Sleep
- Teaching Limits with Love

- Food for Growth
- Your Baby's Development
- Preventing Child Sexual Abuse
- Shaken Baby Syndrome
- Postpartum
- Your Healthy Baby
- Ready to Learn
- Happiest Baby on the Block
- Toilet Training
- Benefits of Breastfeeding
- Techniques and a Good Latch
- Getting Enough Milk
- Growth Spurts and Essentials
- Returning to Work
- Introduction and Options
- Interventions and Labor
- Moving Through Labor
- What to Expect
- Infant Care
- Newborn Milestones
- Three to Four Month Milestones
- Six to Nine Month Milestones
- Twelve Month Milestones
- 12 Months—Big Changes
- 15 months—Growing Up
- 18 months—Ms. Personality
- 2 years—Mr. Independent
- 3 years—Big Kid
- Life with Toddler
- Temper Tantrums
- Competing for Attention
- More Toddler Nutrition
- Sign with Your Toddler

Lesson Topics, continued

- Terrible Twos
- The Happiest Toddler
- Bedtime Struggles
- The Sleepy Solution
- Toddlers Not Listening
- Parenting Straight Thinking
- 1-2-3 Magic
- Real World Application
- Testing and Manipulation
- Counting in Action and Conclusion
- Tantrums Needn't Be Forever
- Parenting, Roll Up Your Sleeves
- Seven Tactics for Good Behavior
- Parenting, Specific Applications
- Parenting, The Family Meeting
- Have a New Kid by Friday
- Your Child's Personality Type
- The Major Destroyer of Families
- Providing Loving Support
- Contracts: Setting Limits
- Developing a Close-Knit Family
- Ten Ways to Motivate Your Child
- Why Your Child Needs Discipline
- Responsibility vs. Defiance
- Anger vs. Action
- Finding Balance in Discipline
- To Spank or Not to Spank
- Changing Discipline with Time
- Eight Key Aspects of Character
- I'm Not The Only One Who Matters
- Beyond "Because I'm the Mommy"
- Child Abuse and Neglect
- Fetal Alcohol Syndrome and Drugs
- Unborn Addicts
- Miscarriage
- Money Management 101
- Basics of Budgeting
- Checking Accounts
- Positive Credit
- Saving for the Future
- Apartment Renting 101
- Roommates - Conflict Resolution
- Furnishing and Decorating
- Housecleaning 101
- Time Management
- Shopping for a Car
- Insurance Needs
- Using a Recipe
- Surviving at the Checkout
- Menu Planning
- Gearing Up for the Job Search
- And many more!

For more information about our Parenting Program contact:

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EARN WHAT YOUR BABY NEEDS
BE THE BEST PARENT YOU CAN BE

